

Giving Thanks

HAVING GRATITUDE IN ALL THINGS

The C & K Corner

By: Chelsea Alberastine (Grade 12) and Kelsey Geotina (Grade 10)

Last issue, Chelsea and I interviewed students about what our theme for this year, reconnecting, means to them. We also asked them other questions relating to the theme, but for this issue we are going to ask ourselves what reconnecting to us means.

Throughout quarantine, our growth with God did not develop that much because we were not as motivated to spend our time and have devotion with him than when church was still open. Before Covid, our families would always have worship together, we would sing songs and read devotions, but now that barely happens because our family cannot meet up as much as we used to. However, we are grateful to God because even though we did not spend time with him, he still has protected us and our families from the virus. We should always be grateful and thankful to God because He is always there for us even through all our struggles in life.

Here is a verse we can reflect on for this coming Thanksgiving:

Psalm 106:1

“Praise the Lord.

Give thanks to the Lord, for he is good;
his love endures forever.”

This verse means a lot to us because we realized that we should be always praising God and being grateful to him for always being there for us and because he still loves us even if we drift from him. We realized that no matter what we do, and who we are, he will always welcome us back with open arms.

Orange Shirt Day

By: Khushi Gill (Grade 12)

September 30, 2020, a day people think means nothing. However, this day means a lot to some people. Orange shirt day, September 30, 2020, is a day that we honor the Indigenous children who were sent away to residential schools in Canada. Some children were dragged out of their homes and then stripped from their culture. Residential schools were church-run schools. The schools harmed Indigenous children by disconnecting them from their culture and traditions. They were forcing the kids to adopt Christianity to be taken into the Canadian Society. Some people might wonder why it is an orange shirt. Why not any other color? It is an orange shirt because Phyllis Webstad was given an orange shirt by her grandmother for the first day of school at St. Joseph's Mission residential school in British Columbia. When Phyllis got to school, they took away her clothes, including her new shirt. To Phyllis, the color orange has always reminded her of her experiences at residential school. She has said, “how my feelings didn't matter, how no one cared, and I felt like I was worth nothing. All of us little children were crying, and no one cared.” Phyllis wants to pass a message on orange shirt day and every day that EVERY CHILD MATTERS. To get involved in this cause just wear an orange shirt on September 30 to show support.

Fall Activities

By: Stephany Gonzalez (Grade 9)

1. **Go on a nature walk**- this is a great way to get out more and see all the pretty colors of the leaves that have fallen on the ground. Some leaves that are not wet can be a very beautiful decoration for your

house or your room for the fall season.

2. **Picking pumpkins**- picking pumpkins is a great fall activity with your friends and family. By picking a few pumpkins you can make lots of things, jack-o-lanterns, pumpkin pie, some scary pumpkin face props for outside of your house as a decoration as well.

3. **Get lost in corn maze**- being in a corn maze can be really fun, but getting lost in one? Now that will get interesting.

4. **Apple picking**- apple picking is one of the best things to do in fall. All the apples are so sweet, which makes it tastier to make apple pie and other sweets.

5. **Renting a cabin in the mountains**- renting a cabin would be very fun. If you're in the mountains, seeing all the wonderful views, the trees in the mountains and all the clouds looking beautiful, now that would be amazing to do for the fall season.

6. **Have a picnic**- having a picnic in an open field can be very pretty and delicious when you have yummy food. Also, seeing all the beautiful trees and everyone else having fun.

What are you gonna do this fall?

Lunch Locker

By: Tehzeeb Beniwal (Grade 10)

Didn't bring lunch? Don't stress, lunch locker! The prices range from 0\$ - 3\$ and it's open 5 days a week! Monday, Tuesday, Wednesday, Thursday, and Friday!

Lunch locker is organized by the senior class of 2020-2021. Come on down to locker 23 by Mrs. King's room and the emergency exit by the science lab. See the posters hung around school for further details.

A Brief History of Thanksgiving

By: Caleab Onyango (Grade 9)

Every year, on the Monday of the second week of October, we celebrate Thanksgiving. Almost everyone knows what to do, say, and normally eat on that day, but have you ever taken a step back and wondered, how did this come about? Why are we sitting around with our family and/or friends eating Turkey, and giving thanks to God? We should be thanking God daily, but why is this day special? Well, today we're going to explore the origins and meaning behind Thanksgiving and how it came to be.

Contrary to popular belief, the first Canadian Thanksgiving actually happened 40 years before the first American Thanksgiving and honors a different Thanksgiving. Although the Indigenous population was already having a fall harvest ceremony well before any Europeans even came to America, Sir Martin Frobisher, a seaman and privateer, is credited as the first person to hold a Thanksgiving. He had this Thanksgiving in Nunavut. During this Thanksgiving, Frobisher gave thanks that he and most of his crew came back from a rough trip through the Arctic while looking for a Northwest Passage, a sea route above America that connected the Pacific and Atlantic Oceans. A few years later, in 1606, Samuel De Chaplain founded a series of feasts called the Ordre de Bon Temps ("Order of Good Cheer") in an attempt to prevent a scurvy epidemic that had decimated a previous settlement. The first feast was on November 14, 1606, 17 years before what is often recognized as the first American thanksgiving. The first American Thanksgiving was the Pilgrims' celebration of their first harvest in Massachusetts in 1621. The Pilgrims celebrated this occasion with Native Americans and ate the typical Thanksgiving feast of turkey, pumpkin, squash, among other things. This feast was then introduced to Nova Scotia in the 1750s. The citizens of Halifax, the capital city of Nova Scotia, celebrated the end of the Seven Years' War in 1763 with a Thanksgiving feast. Loyalists, people that opposed the American Revolution and were loyal to the British, brought it to other parts of Canada.

The first national Thanksgiving was a religious holiday and was a day of "public thanksgiving and prayer". The first national thanksgiving, after the thirteen colonies became a confederation, was on April 5, 1872, and was a civic holiday instead of a religious one. It celebrated the recovery of

King Edward VII from illness. Thanksgiving was observed as an annual event on November 6, 1879. The Thanksgiving date was then switched around a bunch and changed from celebrating the recovery of King Edward to the general theme of giving thanks. The date kept changing until, on January 21, 1957, Parliament proclaimed the observance of the second day of October as "a day of General Thanksgiving to Almighty God for the bountiful harvest with which Canada has been blessed".

And that's how we got what we now call Thanksgiving.

Source: <https://www.thecanadianencyclopedia.ca/en/article/thanksgiving-day>

Science with Dafydd

By: Dafydd Ellis (Grade 10)

Science has changed the world in many ways; some for the better and some for the worse. Many scientists say that science proves evolution. Although if you really look at science you see that science points to God. Just look at a picture of a nebulae in space, its beauty is amazing. The way God made the universe, the detail is beyond our comprehension. Our bodies are so complex, and everything does its job for the better of your body. Just take your blood cells for example, they are so small yet are extremely vital. Without blood cells different nutrients and oxygen would not get to different parts of your body. And without blood cells bringing nutrients to other parts of your body those parts would have nothing to work with. I only briefly described blood cells and you can already see just how complex and important a little blood cell is. If a tiny blood cell is this complex and you know much more is in your body than just blood cells. How can you say there is no God? Personally, I cannot see how you can say that. There is so much evidence out there, that the entire existence of the universe had to be made by a creator. And we know who made the universe, a kind, loving, perfect God.

Pumpkin Spice & Everything Nice

By: Avreen Brar (Grade 11)

October's rolling in. The weather is getting chilly. It's time for Autumn to begin. Here is a recipe for a tasty pumpkin pie you can enjoy on those chilly nights:

Homemade Fresh Pumpkin Pie

Ingredients -

Pastry for Single-Crust Pie:

1 1/3 cups all-purpose flour

1/2 teaspoon salt

1/2 cup shortening

3 1/2 tablespoons cold water

Filling:

2 cups mashed, cooked pumpkin

1 (12 fluid ounce) can evaporated milk

2 large eggs, beaten

3/4 cup packed brown sugar

1/2 teaspoon ground cinnamon

1/2 teaspoon ground ginger

1/2 teaspoon ground nutmeg

1/2 teaspoon salt

Directions

Instructions Checklist:

Step 1: Preheat oven to 400 degrees F (200 degrees C).

Step 2: Prepare pie crust by mixing together the flour and salt. Cut shortening into flour; add cold water 1 tablespoon at a time (you may need only 3 tablespoons, or up to 4 tablespoons). Mix dough and repeat until dough is moist enough to hold together.

Step 3: With lightly floured, hands shape dough into a ball. On a lightly floured board roll dough out to about 1/8-inch thickness. With a sharp knife, cut dough 1 1/2 inch larger than the upside-down 8- to 9-inch pie pan. Gently roll the dough around the rolling pin and transfer it right-side up onto the pie pan. Unroll, easing dough into the bottom of the pie pan.

Step 4: In a large bowl, beat pumpkin with evaporated milk, eggs, brown sugar, cinnamon, ginger, nutmeg and salt with an electric mixer or immersion blender. Mix well. Pour into a prepared crust. Bake 40 minutes or until when a knife is inserted 1 inch from the edge comes out clean.

Current Events

By: Ansh Dhaliwal (Grade 9)

Biden V Trump Debate

The first presidential debate for The United States of America between Republican Donald Trump and Democrat Joe Biden became an absolute disaster and the worst debate in history. So, you may be wondering what went down. Well, let's start with from the beginning. Both Joe Biden and Donald Trump came on stage calm and with grace. It seemed like the debate was going to be peaceful. However, just two questions in Trump stated firing insults at Biden, saying he is an old man without a clear mind set for office. He also mocked Biden for wearing a mask quite often in public, only for him and his wife to

test positive for Covid-19 2 days later. When Biden tried to talk, Trump would interrupt him every 10 seconds. Biden would try to stay calm but then he eventually lost it and told Trump to "Just shut up, man!". Not even the Commissioner was able to make them calm down. The Debate Commission is now going to make edits for the next two debates different with more restrictions. So, I have one question for you guys. How would you change the next two debates so it can be much more peaceful and under control?

Letter from the Editor

By: Emma Mowat (Grade 11)

Having gratitude in all things sounds much easier than it is. Being grateful for our siblings and parents even when we butt heads? Having thanks for education when it feels futile at times? It certainly is a daunting task. However, through God we can do all things, including being grateful for something we may see as a nuisance. Even though online school gave me an extra hour or two of sleep and less on my to-do list, I'm certainly grateful to be back in school in-person. I also want to give thanks for the newspaper readers. Your opinion matters to me, so email me @emmamowat@fvaa.net if you have any comments/concerns/recommendations.

@thebookofbenjamin

By: Tehzeeb Beniwal (Grade 10) and Khushi Gill (Grade 12)

Interview with Pastor Ben

Are you involved in any other things besides public speaking?

I cut hair. I like cutting hair. Podcasts. My side hustle.

What does your daily routine consist of? Briefly?

Wake up at 5:45, get ready to be at school 7:45. After school I like to read something like a book or a comic book. Eat supper with my wife.

What are some of your favorite things to do during your leisure time?

Youtube videos on cooking and mojo top 10s. I like to write some fiction stories and design clothing ideas even though they fail.

What's your favourite sport and why?

My favourite sport to play is rugby because you get to run and hit people. My favourite sport to watch is basketball because it has such a great culture around it.

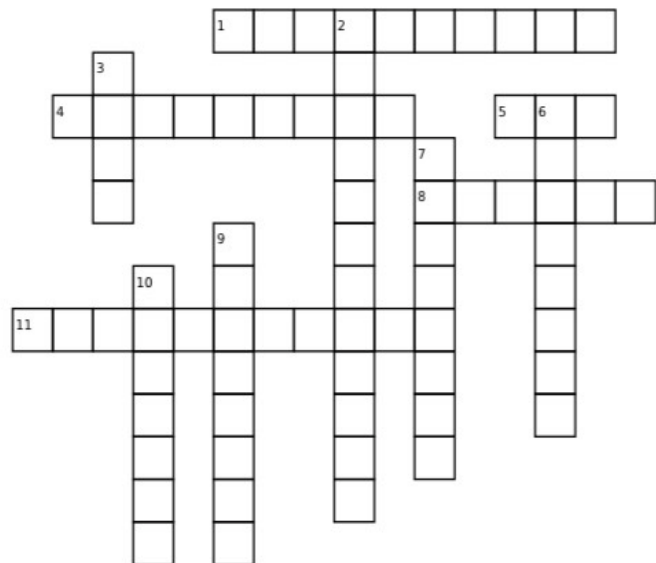
Who's your favorite team and why?

Toronto raptors, because I'm from Ontario and they're team I have always loved even though they lost.

If you could be or go anywhere in the world, where would you go? Why?

Japan because of anime and manga. I've always loved the salary temple.

Royal Review Crossword I



Down:

- 2. a time to be thankful and potentially eat turkey
- 3. the weather that will be upon soon
- 6. the bright object in the sky
- 7. assigned work outside of class
- 9. a field of great stalk
- 10. high school activities involving colour chalk and hikes

Across:

- 1. spirit day for high school
- 4. spirit day for elementary and middle school Oct 16
- 5. the acronym for pumpkin spice latter
- 8. the colour of shirt we wore on Sept 30
- 11. our newspaper