

Remembrance

HONOURING THE FALLEN

The C+K Corner

By: Chelsea Alberastine (Grade 12) and Kelsey Geotina (Grade 10)

The Fallen Christian Soldier.

This issue of the C+K corner will be talking about an SDA (Seventh Day Adventist) soldier who fought in WWII. His name is Desmond Doss, and this issue was inspired by Remembrance Day and the movie made about him called Hacksaw Ridge.

Desmond Doss' journey on April 1, 1942, gave him several challenges. He was working at the Newport News Naval shipyard when Pearl Harbor was attacked. He could have demanded a deferment, but he wanted to do more for his country. To protect liberty, he was willing to sacrifice his life on the front lines. Desmond believed that when he entered the Army, his status as a conscientious objector would allow him to not carry a pistol. He decided to be fighting as a medic for the Army. He was assigned, as luck would have it, to an infantry rifle unit. Among his fellow soldiers, his refusal to carry a pistol caused a great deal of trouble. They were looking at him with distain, calling him a misfit. One man in the barracks warned him, "Doss, I'll make sure you don't come back alive as soon as we get into action".

His commanding officers even wanted the skinny Virginian to get rid of him, who talked to a gentle South Drawl. He was seen by them as a liability. Nobody thought it was worthwhile for a soldier to be without a weapon. They were trying to bully him, scold him, delegate him additional



difficult duties, and declare him to be mentally unfit for the military. They then tried to court him for resisting a clear order to carry a weapon. But there was no way they could find a way to toss him out, and he refused to go. He believed that obeying God and serving his country was his duty. But in that order, it had to be. Most significant were his unwavering convictions.

John 14:27

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

Source: <https://desmonddoss.com/bio/bio-real.php>

Science with Dafydd

By: Dafydd Ellis (Grade 10)

What makes spicy peppers so spicy? In peppers, there is a chemical called capsaicin. This chemical is the one to blame for all the times you have felt that spicy sensation. VR1 receptors bind to capsaicin (VR1 receptors are sensors that warn your brain

that you are consuming or feeling something hot that could potentially harm you). After this, the sensory neuron is depolarized (which means it becomes more positive or less negative). Then it sends a signal to your brain indicating the presence of heat. However, the VR1 receptors bind to capsaicin accidentally. The reason that we have VR1 receptors is to detect heat, so we

do not burn ourselves (VR1 receptors are clustered on our skin and mouth). So, when our VR1 receptors bind to the capsaicin we get an extremely hot sensation, like eating something that is physically hot. So, the next time you eat a spicy pepper or anything spicy and feel the spicy sensation, you now know that it is just your body playing a trick on you.

*multiple sources used

Fall Into Baking

By: Avreen Brar (Grade 11)

November is here. Seasonal food has entered the chat. Here's an easy recipe for gingerbread cookies you can make at home.

2-1/4 cups all-purpose flour
 1/2 cup granulated sugar
 1/2 cup butter softened
 1/2 cup molasses
 1 tsp ground cinnamon
 1 tsp baking powder
 1 tsp ground ginger
 1/2 tsp ground cloves
 1/2 tsp ground nutmeg

1/2 tsp baking soda
1/2 tsp salt
1 egg

In a large bowl, with mixer at slow speed, beat flour, sugar, butter, molasses, egg, cinnamon, baking powder, ginger, cloves, nutmeg, baking soda, and salt until well mixed.

Cover and refrigerate for 1 hour.

Preheat oven to 350°F.

On a lightly floured surface, working with half of the dough this time, roll 1/8 inch thick. With floured cookie cutters, cut dough into shapes. Using a metal spatula or pancake turner, place cookies 1/2 inch apart on greased cookie sheets. Re-roll trimmings and continue to cut shapes.

Bake for 8 minutes, or until very lightly browned. Transfer cookies to racks to cool completely.

Source: <https://www.readersdigest.ca/food/recipes/easy-gingerbread-cookies/>

Current Events

By: Ansh Dhaliwal (Grade 9)

The Elections. Although we are not eligible to vote, elections still pressure us because our education and future can be affected by it big time. We have two big elections coming up. First, we have the Provincial B.C. Election and secondly, the US Election. In B.C., The top runner ups were the BC Liberals and the NDP.

The BC liberals welcome the LGBTQ community and have a goal set to get jobs back up and running from the pandemic here in BC. Meanwhile the BC NDP's goal set is to get better healthcare and deal with the pandemic better. Well, on Saturday we would find out that John Horgan and the NDP would have a majority government with 55 votes to the Liberals 29 and the Green Party would end up with three votes. However, there are still 700 000 Mail-In-Ballots to be counted in two weeks in a minimum so this election can change big time from Saturday. Also, Andrew Wilkinson shall resign from the role of leader for the B.C. Liberals.

Meanwhile, our neighbor, the U.S.A., is having one of their most important elections in history. The U.S. is in a deficit as the country with the most Covid-19 cases worldwide and protests for equality for the black community. Donald Trump has been downplaying the severity of the corona virus, only to be affected by it a few days later. He has also been charged with many allegations, includ-

ing getting an impeachment trial, but he won it due to a Republican Senate. Meanwhile, Joe Biden is wanting to handle the outbreak and is telling everyone to put on a mask. He would also like to reunite the previous U.S. trade deals and organizations and is willing to spend 1.7 trillion on his climate change plan.

Sources: <https://www.bcndp.ca/platform>, <https://www.bcliberals.com/wp-content/uploads/2020/09/BC-Liberal-Party-2020-Platform-Restore-Confidence-Rebuild-BC.pdf>

Student Vote Day

By: Tehzeeb Beniwal (Grade 10)

Student Vote Day, on October 21, was a great learning experience for all students that participated. It took place in the cafeteria during E block, from 1:40 to 3:00 PM. All Covid-19 protocols were followed such as: sanitizing, social distancing, and masks on at all times. The student vote was organized by Mrs. Amoah, and led by the Comparative Cultures class. Student voting is a great way to teach students how to vote for when the time comes that your vote actually, seriously, matters. We did this so citizens, fellow students, know how to be active participants in a Democratic nation.



A student dropping in their ballot, photographed on October 21, 2020.

A Deeper Look at the U.S. Election Process

By: Caleab Onyango (Grade 9)

Have you ever heard someone talk about the U.S election and just nodded along even though you understood nothing? Then, you had that awkward moment when you had to add something to the conversation but had no idea what he/she just said? Well, I'm here to explain the election process so that doesn't happen again.

First off, what do you need to actually run for president? To run for president, you have to be a born citizen of the United States, be 35 or older, and have been a U.S resident for at least 14 years. If you've checked off all those boxes, then congratulations, you are eligible to run for president. Before running for pres-

ident, you have to decide whether to run with a party or run independently. A political party is an organized group of people who have the same ideas about which laws to implement and how to run the government. Although there are a few political parties in the U.S, it's usually only the Democratic and Republican that have winning candidates. These parties have the most power in the United States. The Democratic party aims for more progressive leadership and laws and is often referred to as "the left". The Republicans, often referred to as "the right", aim for more conservative leadership and laws.

Most candidates usually pick one of the two parties, and there is sometimes an Independent candidate that chooses to run without a party. If the candidate chooses to run with a party, he or she is going to have to go against other people that also chose the same party for the nomination. Being nominated by a party means that you were picked as the candidate that would be backed up by them to run for president. If the candidate chooses to run as an independent candidate, he/she does not have to get nominated by a party, but the chance of him/her winning decreases, because most people vote based on what political party they like. Once you have been nominated, you then have to pick a vice president. If a candidate gets elected as president, the vice president they picked will be the vice president of the United States. The vice president will help whatever candidate that chose him or her win the election.

After all that, you can now start campaigning. The purpose of campaigning is to convince people to vote for you. This is usually the time when presidential candidates have speeches, debates, and make videos on why they should be the president. The way a person gets elected as president is through the Electoral College. The Electoral College is not an actual college, it is a voting process. How it works is that there are 538 electors divided among the states. These electors each have an electoral vote. Although they can choose whomever, the electors usually pick whom they are going to cast their vote for based upon which candidate was chosen by popular vote in their state. The electors then choose whom they want to vote for and the president who gets the majority vote, 270 votes or more, wins the presidential election and becomes president. The elected president then has an inauguration. An inauguration is a ceremony where the president gets sworn into office, and is officially recognized as the president of the United States of America.

Letter from the Editor

By: Emma Mowat (Grade 11)

As I'm writing this, the results of the U.S. election are still unknown, and the anxious feelings are palpable. For the first time in my life, I've seen people end friendships because of their differing political opinions. I can't help but wonder how we've become so polarized. Soldiers gave their lives so we'd have democracy and peace, but the democratic process has somehow turned into a claws-out debate about ethics. I've also never seen so much passion about politics before, especially in my peers. It's fascinating how much enthusiasm Canadians have for an election we don't even have a say in! As remembrance day draws close, I hope we can all reminisce on why we get to be a part of electing our leaders. Democracy was not without a cost.

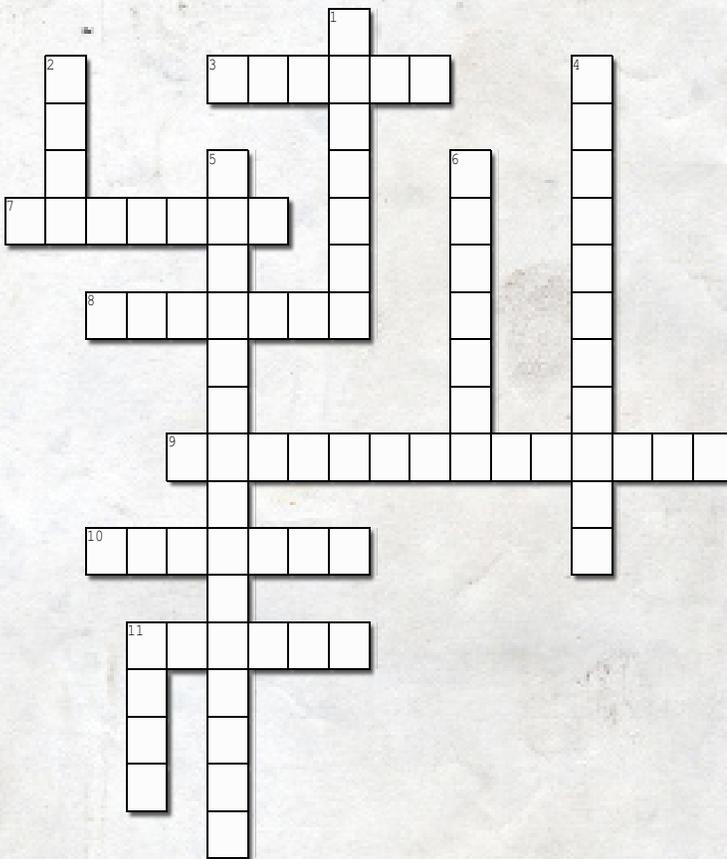


Two middle school students photographed on October 16, 2020.

Name: _____

Royals Crossword #2

Enjoy!



Created using the Crossword Maker on TheTeachersCorner.net

Across

- 3. a fancy word for fall
- 7. the red flower we wear on our chest to remember
- 8. a person who has had long experience in a particular field
- 9. rhymes with Smell-My-Feet
- 10. a creamy festive Christmas drink from a carton
- 11. Flanders _____

Down

- 1. the squash used to make Jack'O Lanterns
- 2. relating to the armed forces
- 4. brotherhood on the battlefield
- 5. November 11
- 6. someone who fights when there is a war
- 11. the acronym of our school